

# The Arrowsic Arrow

Vol. 14, No. 6

September 1999

Dear Reader

Beginning this month, you garbage and recycling will be picked up every other week for the fall and winter. This is a great reason to recycle and to be attentive to excess packaging when you shop. Please note pickup dates below for the remainder of 1999.

## From the Recycling Committee:

Paul Schlein, chair, 443-3209

Jeff Mann, 443-6174

Michael Kreindler, 442-7443

Bob Kalish, 443-4660

## Pick up dates for the remainder of 1999 are as follows:

**Fridays, September 3, 17**

**Fridays, October 1, 15, 29**

**Friday November 12 and**

**Monday November 29**

**Friday December 10 and**

**Monday, December 27**

Curbside recycling will be available with each of these trash pickups. Recycling is always available at the Town Hall for mixed paper and high quality paper.

## Too Much Junk Mail?

The average American receives over 1000 sales pitches in her or his mailbox every year thanks to low cost third class postal rates. While those direct mailers take in over \$300 billion annually, taxpayers bear the nearly \$500 million burden of carting away the 60 million tons of unsolicited ads. Almost 90 million trees and 38 billion gallons of water are used to produce each year's crop of catalogues. Nearly half never get opened.

## Here are ways to get off marketing lists:

Send a postcard to Mail Preference Service, Direct Marketing Association, PO Box 9008, Farmingdale, NY, 11735 (212-768-7277). Include all forms of your name (including "occupant" or "resident") and address you see appearing on junk mail that comes to you, and tell them you want all of these deleted from their list (which is sold to 70% of all direct marketers). It is a quarterly list that goes out to the various trades, so it may take up to three months. Your name will remain in the delete file for five years, or until

you order something mail order and forget to say, "Please do not sell, rent, or trade my name."

Other list brokers are listed below. You may need to write or call each of them and request that your personal information be removed from all their mailing and telemarketing lists:

RL Polk & Co. "Name Deletion File"  
List Compilation and Development  
6400 Monroe Blvd  
Taylor, MI 48180-1814

Donnelly Marketing, Inc  
Data Base Operations  
1235 N Avenueue  
Nevada, IA 50201-1419  
(515) 382 5441

Metromail Corporation  
List Maintenance  
901 West Bond  
Lincoln, NE 68521  
(800) 228 4571

Database America  
Compilation Department  
100 Paragon Drive  
Montvale, NJ 07645-0419  
(800) 223-7777

## To get off irritating credit card lists:

TRW- Target Marketing Services  
Consumer Relations  
901 North International Parkway  
Richardson TX 75081  
(800) 527 3933

Equitax Options  
PO Box 740123  
Atlanta, GA 30374-0123

Trans Union  
TransMark, Inc  
555 West Adams Street  
Chicago, IL 60601  
(312) 466 7815

You can also return all first class advertising that comes to you by writing across the front "return to sender--stop sending me your junk mail" it will be returned at their expense.

## Speaking of mail:

### A message from your postmaster: Important Notice About Receiving Your Mail! Please Read This!

If you live in Arrowsic, your mail must be addressed as HC#, Box#, as appropriate. Do NOT use PO Box #. The route and box number must be on the line above the city, state, and zip. If your mail is addressed with a street name or box number only, or a street name followed by a box number, your mail will likely be delayed at least one day. The automated machinery we use to sort the mail has your address in its memory as HC# and BOX#. If any other address is on your mail! it is highly likely that an incorrect bar code will be sprayed on when it goes through the machines. Once a barcode is on the mail, it is used to sort your mail to the proper destination. I am finding many of these letters are being routed to the post office box section in Bath.

Please take a moment to review all your important mail when you get it to see if it is addressed properly. If not, please notify the sender of the proper address.

The second issue I would like you to be aware of is how your mailbox is labeled. In the event your regular letter carrier becomes ill or disabled, the boxes on the rural and HC routes are labeled so poorly it is highly likely that your mail service would be disrupted. Please put your name and number either on the mailbox cover, inside the mailbox or on the side of the mailbox from which the carrier approaches.

We need your help. I know you care about your mail, and I hope you care about your neighbor's mail. Please assist us to serve you by using your correct mailing address and properly labeling your mailbox. Thank you in advance for your cooperation...  
Carol McMullen, Postmaster 443-5435

## News from the Selectboard

Pat Harcourt, Chair 442-8122  
Larry Wilson, Webmaster  
lwilson@gwi.net

### Selectmen's goals for this year :

- Learn more about the school issue around SAD 47's proposal to build own middle school and high school
- Stay involved with regional dispatch issue
- Stay current with the Paramedic situation
- Appoint a committee to work on a Fire Department plan
- Get rid of the "paper streets"
- Get the Town articles on computer
- Combine ordinance with charter
- Continue to improve Town Report
- Look into upgrading town computer to take warrants and be Y2K compliant.

### News and updates:

- We closed on the Berry property on July 22.
- If anyone knows of any birth, death, or marriage in the Town from 1995 to 1998, please check with the Town Office to assure that the correct paperwork is on file.
- Arrowsic's Assessor's agent Kevin McGillicuddy will have the revaluation completed by October. At that time, he will schedule hearings and tax bills will go out in November.
- We will work on getting the Codes Enforcement Officer's issued permits published in the Arrow so that everyone will know whether a building project going on in their neighborhood is legal.
- The Fire Department is applying to the Maine Forestry Department for a free portable water tank which holds 250 gallons of water and is towed to the site of a fire.

### Are you getting the most up-to-date news?

Log onto the town web site at [www.gwi.net.arrowsic](http://www.gwi.net.arrowsic) for a monthly town calendar, Selectmen's meeting and Committee meeting minutes, the Mystery Photo Contest, and more. If you send your email address to Larry Wilson

at [lwilson@gwi.net](mailto:lwilson@gwi.net) you will be automatically notified everytime a new posting is made.

### The following is a response to an email message Jim Tolan sent to Governor King :

from John G Melrose,  
Commissioner, Maine Department of Transportation:

#### Dear Mr Tolan:

Your email to the Governor suggesting an "incentive or expediting fee" has been referred to me for response. The provision that you suggest is included in the contract for the construction of the Sagadahoc bridge. The team that developed the contract for this work recognized the importance of completing the work as soon as possible. The contract allows for a payment of \$3,000.00 incentive for each day, up to one year, that the contractor completes the project before July 1, 2000. There is also a disincentive of \$3,000.00 for each day the contract is not complete after July 1, 2000. In addition the contractor will be assessed \$1500.00 per day after July 1, 1999 to cover the cost of having engineering personnel tied up on the project.

At the present time the contractor's schedule shows that he will have traffic on the new bridge by mid-April 2000 but the Bath approach will not be complete until July 7, 2000. With so many months to go it is possible that this time could be made up. There does exist a possibility that completion will be later if we should happen to get an unusually cold wet spring.

You should also be aware that we are presently preparing to advertise a project that will completely repaint the Max Wilder bridge over the Sasanoa next year. It will be necessary that traffic operate over the bridge in alternating on way condition controlled a temporary traffic signal most of the season.

### Committee Updates:

**The Shellfish Committee** has a new chair, Michele Gaillard (442-7443). Betty Wilson is the new Secretary, Phil Packard is a new

member, and David Foster's term has expired.

**The Planning Board** has elected Karen Robbins as Chair (442-7533). Other members are Mary Hillery, Mary Louise Blanchard, Michael Dube and Jim Tolan. Alternates are David Spencer and Roger Heard.

### Change in Town Hall Hours

Due to Maine Municipal Association workshop schedules, morning Town Hall hours normally scheduled to take place Friday September 17 will occur Thursday September 16 from 8:30-11 AM. We hope this does not cause anyone any inconvenience.

### Looking for a Winter Home

Pat Harcourt is looking for a place in Arrowsic to rent or housesit for the winter months. She can be reached at home 442-8122 or at work 443-6005. Thank you.

### From the Ladies Auxiliary

Judith R Kenney, President

The Ladies Auxiliary of the Arrowsic Fire Department would like to thank all those who purchased tickets for our lobster raffle.

The winning tickets were drawn on Sunday, August 22, 1999. First Prize of 12 lobsters went to Jeff Stoebe of Arrowsic. Second prize of 6 lobsters went to Deidre Kenney of Portland.

Thanks again for all the generous and continued support and we hope to see you all again next year.

### Doubling Point Light News

In our last issue, we printed that *Friends of Doubling Point Light* was eligible for a Federal matching grant. That information was incorrect.

*Friends of Doubling Point Light* has qualified for a private matching grant from a foundation which is offering a dollar for dollar match for all donations received by the end of October 1999 toward the rebuilding of the Light's foundation. All (tax-deductible) donations may be made to the Friends of Doubling Point Light (c/o Betsy Skillings-Coleman, HCR 33 Box 61B, Arrowsic, Maine 04530) Please help save our beautiful Light.

# The Science Page

## About Rabies

The rabid raccoon that was killed in Arrowsic last month inspired some research. Here are some things you might like to know.

Since its reintroduction to Maine in 1994, the rabies virus has increased dramatically in Maine among the raccoon, skunk, woodchuck, fox and bat populations. In 1997 there were 244 clinically confirmed cases of rabid animals in Maine, 3 of them in Sagadahoc county and 87 in nearby surrounding counties. Final statistics are not in for 1998 and 1999, but unconfirmed data suggest these numbers may have doubled.

If you or your dog or cat have been bitten or scratched by an animal that is behaving oddly, follow these steps: Wild animals must be captured or killed without damaging their brain since the brain tissue must be tested. Immediately wash the wound with soap and water and continue washing for at least ten minutes. **Call your doctor when you are finished washing.** S/he will help you decide if you need to be treated for rabies. Contact Chris Grill (442-8152), Animal Control Officer. He will need your help to locate the animal that has bitten or scratched you. If the animal is located it will be quarantined and observed (dog or cat) for 10 days, or it will be euthanized and sent to the State Laboratory in Augusta for testing. If your dog or cat has been in a fight with a wild animal, you should wear waterproof gloves to wash the wounds or scratches within the first two hours after the incident.

Non-bite exposures which result in human rabies rarely occur.

If you need to be immunized, you will be given a course of six injections (no longer given in the stomach): two on the first day (antibodies) and the remaining four (vaccines) one at a time over the next month. Some doctors prefer to wait until the animal has been tested or quarantined before beginning treatment.

What can you do to avoid contact with the virus? **MAKE SURE YOUR PETS ARE IMMUNIZED FOR RABIES.** Keep your dogs on a leash or in a fenced area. Fasten trash can lids tightly. Bats found inside your home, either alive or dead, should be tested for rabies even if there was no known contact with the bat.

Clinical signs appear 15-25 days after exposure, but it may take as long as one year for the virus to travel to the brain. Rabies can be spread by animals eating a recently dead carcass of infected animals. In a frozen state, the virus can last for years, but it survives in the body less than 24 hours after death. Treatment for people exposed to a rabid animal can cost over \$2,000.00.

Vaccinated or unvaccinated dogs, cats and ferrets that bite a human must be quarantined for 10 days. Vaccinated dogs, cats and ferrets that have been exposed to a rabid animal must be boosted with rabies vaccine and quarantined for 45 days. Unvaccinated pets should be euthanized or held in strict isolation for 6 months.

The incubation period for the rabies virus in dogs is 2 weeks to 6 months (average 3 to 8 weeks); in cats 2-6 weeks, and in humans 2 weeks to one year (average 2-23 weeks). This period varies depending on the location of the wound or exposure. Once the virus reaches the central nervous system the spread is relatively rapid- 48 to 120 hours

Rabid raccoons and foxes usually show at least two of the following symptoms: daytime activity, absence of fear, porcupine quills in the face, matted fur, discharge from eyes or nose, lethargy or incoordination. These signs could also be caused by conditions other than rabies, but any animal acting abnormally should be treated with caution.

If you have any further questions, contact the Maine Department of Inland Fisheries and Wildlife, the Department of Human Services, or the State Veterinarian's Office (287-3701). A 24 Hour Adult and Children's Emergency Service is

available at 1-800-452-1999. For consultation involving human exposure, contact the Epidemiology Program at 207-287-5301

sources for this information include the Maine Department of Human Services, Division of Disease Control (207) 287-2727; the State of Maine Rabies Website ([www.state.me.us/dhs/eti](http://www.state.me.us/dhs/eti))

## About Browntail Moths

This summer, the Woolwich Town officials held an informational workshop on the Browntail Moth problem. These are some of the topics which were covered:

The Browntail moth has infested areas of Bath, Phippsburg, Sebasco and Woolwich. Both the caterpillar and the moth caterpillar have poisonous hairs capable of causing a dermatitis or skin rash and varying degrees of respiratory problems, some very serious (in 10-11% of the population). These problems can be caused by direct contact with the insects or indirectly from contact with airborne hairs. The hairs may remain poisonous for years after the moths and caterpillars have come and gone. Unlike similar irritants, the likelihood of browntail moth reactions will increase and become more severe as your contact with the hairs increases.

The browntail moth goes through one generation a year. The larvae (caterpillars) eat leaves of many hardwood trees and shrubs including oak, apple, poplar, hawthorn, rugosa rose, shadbush and cherry. Although large populations can defoliate trees, that has not been a problem in the midcoast area.

Larvae molt (shed their skins) once in the fall, then three more times in the spring before pupating

In early April tiny larvae emerge from overwintering and begin feeding on the new foliage, often returning to the protection of the webs when temperatures cool. Young larvae are dark brown with two conspicuous red-orange spots on their backs. Mature larvae have a broken white stripe running down either side and are about 1.5 inches long.

In late June larvae form silken cocoons on tree leaves, limbs and trunks and under the eaves of

houses. During this three week period the caterpillars turn into moths. Adults emerge in mid to late July to mate and lay eggs. Adults are about 1.25" long, with snow white wings and brown tufts at the tips of their abdomens. Females are strong fliers and will disperse to find suitable hosts on which to lay their eggs.

Clusters of round yellow eggs are laid on the underside of leaves usually near the end of a twig in a single mass of 200-400 eggs. The eggs are covered with hairs from the female's abdomen and hatch in two to three weeks to begin another generation.

Caterpillars emerge from the eggs in late August to early September. Limited feeding is done on leaf surfaces in the fall as they weave their silken webs.

The web is gradually reinforced forming an overwintering web, very dense, 2-6 inches long of shiny white silk and a few leaves.

Early in the spring when the buds expand, caterpillars begin to feed, and the cycle continues.

The shed skins and tiny hairs may remain toxic for years. Common places to encounter them are under eaves, junk piles, overturned boats. The hairs can travel 300-400 feet in the wind.

The best management is to clip the webs during the winter months while the caterpillars are inside and inactive, then soak them in 1 gallon of water mixed with 1 ounce of detergent. The webs should be clipped and destroyed by April.

Caterpillars appeared in Woolwich for the first time this year, and could quite possibly show up next year in Arrowsic.

If an area becomes infested, the State will assist municipalities in determining the best course of action. Aerial spraying has been done in some areas, but clipping is the preferred management method.

We'll post pictures at the Town Hall on the outside bulletin board.

sources for this information include the USDA Forest Service (603) 868-7709, The Maine Forest Service (207) 289-2431, Insect and Disease Management Division (207) 287-2431

### Did You Know...

- 4.5% of the world's population consumes 43% of the world's gasoline
- The typical American House produces more CO2 than the typical American Car
- The 500 richest people in the world have more wealth than all the rest of us combined.
- A Boeing 747 running for a year uses twice as much energy as the entire continent of Africa.
- The Chinese government is considering a ban on disposable chopsticks. Each year, 25 million trees are felled to manufacture the 45 billion pairs of chopsticks the Chinese use and import. Without reusable chopsticks, experts predict that much of the country's remaining 80 million hectares of natural forest will disappear in the next decade.

sources for this information include The Utne Reader, The New Internationalist, Coop America, Mother Earth News, and National Public Radio's All Things Considered

## The following registrations are due

### September

BASSETT, MICHAEL A  
 BROWN, LOUISE C  
 BROWN, MICHAEL P  
 BRYANT, BARBARA  
 CARLETON, JAMES  
 CARLTON, VERNON F  
 CARR, WILLIAM F  
 CHAFFEE, JOHN JR  
 DEION, TAMMY J  
 DEION, TAMMY J  
 DETWILER, BRIAN W  
 ELWELL, KIMBERLY  
 EWING, JOSEPHINE W  
 GARFIELD, ELIZA N  
 GEIGER, JENNIFER L  
 GILES, DOROTHY  
 GILES, SAMUEL D  
 GOWEN, LILLIAN L  
 GUCKENBURG, GREGORY V  
 HENDERSON, RUSSELL B  
 HENDRICKSON, RUSSELL B  
 HILLERY, MARY  
 HOLBROOK, KIMBERLY L  
 JOHNSON, PATRICIA F  
 JONES, JUDITH N  
 LOVEITT, WILBUR F  
 LUM, KENNETH M  
 NELSON, ROBERT H  
 OCONNOR, JAMIE R  
 PAULE, SUZANNE E  
 PIEH, TIMOTHY T  
 PUFF, DAVID  
 RICHARDSON, DEAN M  
 ROBINSON, MATTHEW B  
 RON ELWELL PLUMBING.  
 ROOT, DONALD N  
 SIMMONS, CONNIE  
 STARBIRD, JAYNE E  
 STONE, ALBERT E  
 STORER, HOWARD H  
 SWEARINGEN, RICHARD T  
 TOLAN, JAMES J  
 WATSON, BJ  
 WEST, BARBARA  
 WILSON, LAWRENCE A

### October

AL'S PLUMBING HEATING  
 ARSENAULT, MARK A  
 BICKNELL, NOEL J  
 BRIGGS ADVERTISING INC  
 BROOKS, DAVID M  
 BROWN, PAUL  
 BRYANT, DONALD A  
 BUNTER, CAROLE A  
 BUNTER, WILLIAM  
 CARLTON, JAMES  
 CARLTON, VERNON F  
 CHAPIN, E BARTON III  
 CROXFORD, CHAD F  
 DEMERS, THOMAS W JR  
 DRESSER, ARTHUR E  
 DUBE, MICHAEL D  
 ELWELL, RICHARD  
 GALUZA, JAMES J  
 GILL, DEBORAH S  
 HIGGINS, RICHARD A  
 HOLBROOK, KIMBERLY L  
 JORGENSEN, MARK  
 KING, AMY S  
 KING, STANLEY E  
 KREINDLER, MICHAEL L  
 LIZOTTE, SUSAN Y  
 MACKENZIE, CAITLIN L  
 MCDUGAL, TROY A  
 NELSON, ROBERT H  
 PETERSON, GERTRUDE M  
 PINETTE, REBECCA  
 PUFF, DAVID M  
 ROBINSON, MATTHEW B  
 SHUFELT, LESLIE A  
 STAFFORD, GEORGE F  
 SWEARINGEN, RICHARD T  
 TEXTOR, MELISSA  
 WASILEWSKI, ERICA M  
 WINWOOD, JOHN D  
 WOELL, KATHLEEN  
 WISEMAN, KENNETH  
 WISEMAN, KENNETH W  
 WITHAM, JACK W  
 WRIGHT, SUZANNE

### September Activities

all meetings are at the Town Hall unless otherwise noted

- 3 Trash and Recycling pickup
- 4 Road Commission meets 9 AM
- 7 Town Property Management Committee meets 7 PM
- 13 Selectmen meet 6 PM
- 13 Planning Board meets 7 PM
- 17 Trash and Recycling pickup
- 20 Shellfish Committee meets 5 PM
- 20 Conservation Commission meets 7 PM
- 21 Order deadline for Naturally Better Coop (contact Paul Schlein 443-3209 or Lisa Holley 443-1510 for more information)
- 27 Selectmen meet 6 PM
- 30 Food Delivery/Breakdown for Naturally Better Coop

The Arrow is funded, published and delivered entirely by caring volunteers and is available every month or two. If you do not have an Arrowsic mailbox and would like to receive The Arrow, please send Self Addressed Stamped Envelopes to the Arrowsic Town Hall c/o The Arrow. Donations of cash, time, articles or commentary are always gladly accepted. .. Patty Olds 443-4764 or paolds@javanet.com